

Winter 2027 Recreation Guide

Town of Bridgewater

902.543.2274
bridgewater.ca

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Lunenburg County Lifestyle Centre

902.530.4100
lclc.ca

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YMCA

902.543.9622
ymcasouthwestns.ca

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Town of Lunenburg

902.634.4006
townoflunenburg.ca

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District of Lunenburg

902.541.1343
modl.ca

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South Shore Public Libraries

902.543.2548
southshorepubliclibraries.ca

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HB Studios Sports Centre

902.543.5348
hbssc.ca

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town of BRIDGEWATER

Community Development Department – Recreation

Follow **Town of Bridgewater** on Facebook and stay tuned for additional activities happening throughout the Winter!



Bridgewater

Bienvenue Pjila'si Welcome

The Town of Bridgewater welcomes the participation of all citizens, regardless of race, gender, ability or sexual orientation. Racism and discrimination will not be tolerated. We are working to reduce barriers and to make recreation and leisure inclusive of all. If there is something we can do to help make recreation opportunities or a specific program more accessible and inclusive, please contact us at recreation@bridgewater.ca or by calling 902-543-2274.

Struggling to cover Registration Fees for your Child?



PRO Kids CAN HELP!

We accept applications for funding on an ongoing basis.

United Way Lunenburg County

Find application forms on our website at www.bridgewater.ca or call 902-543-2274

KidSport is another option for financial assistance. Organizations must be registered with Sport Nova Scotia. For further information contact Cosette Howlett, Lunenburg County Chapter, 902-275-3490 or email: chowlett@chester.ca or **visit www.kidsportcanada.ca**

KidSport™

Another option for financial assistance is through
Canadian Tire Jumpstart
Apply on-line by visiting www.jumpstart.canadiantire.ca

Jumpstart
Giving kids a sporting chance.

Town of Bridgewater Recreation
60 Pleasant Street, Bridgewater, NS B4V 3X9
8:30 a.m. to 4:30 p.m. Monday to Friday
recreation@bridgewater.ca
902-543-2274
www.bridgewater.ca

Registration Information

Registration Opens **December 14**

Register Online:
At your convenience, any time of day or night. Online registration requires credit card payment.
It's Easy!

1. Visit **www.connect2rec.com**
2. Sign up or login.
3. Search & register for programs.
4. **Have fun!**

Register By Phone:
Call the LCLC at 902-530-4100

Register In-Person:
Visit the LCLC at 135 North Park Street, Bridgewater
7 days a week, facility hours vary daily.

In The Community

There are many groups and organizations that offer recreation programs and activities throughout the Town.

Check out our Community Organizations Directory on the Town's website: www.bridgewater.ca

Music, Art, & Culture

Beginner Level 2 Ukulele
Ages 18+
Already have the basics of ukulele mastered? Work on new playing and singing skills with love songs for February and some lively Irish tunes for March in this fun and supportive class!
Mondays, from February 1 to April 5
No Class February 15, March 29
10:00 AM - 11:30 AM
DesBrisay Museum, 130 Jubilee Rd, Bridgewater
$60/8 weeks

Intermediate/Advanced Ukulele
Ages 18+
Learn some advanced playing and singing skills, explore classic Blues songs and the work of Robert Johnson with emphasis on intros, endings, and turn arounds. Finish with some fun and lively Irish tunes in March!
Tuesdays, from February 2 to March 23
1:00 PM – 2:30 PM
DesBrisay Museum, 130 Jubilee Rd, Bridgewater
$60/8 weeks



Clickety Clack Knitters and Crafters
All Ages
Join us weekly at the DesBrisay Museum for a knitting and crafting social group. Bring your needles and your latest project!
Every Friday
No Class Dec 25, Jan 1
1:00 PM - 3:00 PM
DesBrisay Museum, 130 Jubilee Rd, Bridgewater
Drop in, $10 fee for the season.

Creative Crew: 6 Weeks of Crafts for Youth Ages 8-13
Unleash your child's creativity in this 6-week Youth Art Program with instructor Amber Thompson. Through fun, engaging activities, participants will build confidence, explore their artistic skills, and let their imaginations run wild in a supportive environment.
Tuesdays, January 26 to March 2
4:30 PM - 6:00 PM
DesBrisay Museum, 130 Jubilee Rd, Bridgewater
$125/6 weeks

Let's Draw Together Ages 16+
Join author/illustrator Emma FitzGerald for an exploration of drawing. Participants will draw from observation on a variety of subject matter and learn principles of drawing in a supportive environment. No previous experience necessary. Class will engage all skill levels.
Saturdays, January 16 to February 27
No Class: February 13
1:30 PM – 3:00 PM
DesBrisay Museum, 130 Jubilee Rd, Bridgewater
$90 /6 weeks

Dungeons & Dragons for Beginners
Ages 8-15
Join the world's greatest roleplaying game: Dungeons & Dragons! Make some new friends along the way!! This campaign is designed for new players; no experience required. We can't wait to see you there!
Saturdays, from February 6 to March 6
2:00 PM – 4:30 PM
Town Hall
$75/5 weeks


TAKE THE ROOF OFF WINTER
Come try a new winter activity, warm up by our outdoor firepit, and have a mug of hot chocolate!
WHEN: Saturday, January 23rd & 30th.
February 13th & 20th
1pm - 4pm
WHERE: DesBrisay Museum and Woodland Gardens
FREE!
town of BRIDGEWATER

Movement, Fitness, & Sport

Introduction to Fencing - Youth
Ages 9-18
An 8-week introductory program for youth running from mid January to end of March teaching the basics of fencing. Equipment Provided.
Tuesdays, January 12 to March 2
7:00 PM - 7:55 PM
Michelin Social & Athletic Club, 221 Logan Rd, Bridgewater
$70/8 weeks

Country Line Dance
Country line dancing is booming for its community feel, easy steps, health benefits, and the joy of dancing to country music. Come enjoy a fun night in a leisure atmosphere and kick off your heels. No partner required.
Thursdays, February 4 to March 25
5:30 PM - 6:30 PM
Bridgewater Fire Hall, 81 Dominion St., Bridgewater
(Alt location next door: 93 Dominion St.)
$80/8 weeks

Modern Line Dance
A fun mix of different dance styles, rhythms and music like Salsa, Disco, Bollywood, Funk, Bachata, & Irish. This class is a great alternative to a fitness class for everyone that likes to dance!
Thursdays, February 4 to March 25
6:30 PM - 7:30 PM
Bridgewater Fire Hall, 81 Dominion St., Bridgewater
(Alt location next door: 93 Dominion St.)
$80/8 weeks

Beginner Dance Class for Couples Ages18+
Learn popular dances such as Jive/Swing, Foxtrot, Waltz, and Cha Cha in a fun, relaxed atmosphere. Build confidence for public dances while enjoying a great social experience. Partners and groups welcome. Singles may register conditionally; contact us to be connected with the instructor.
Thursdays, February 4 to March 25
7:30 PM - 8:30 PM
Bridgewater Fire Hall, 81 Dominion St., Bridgewater
(Alt location next door: 93 Dominion St.)
$80/8 weeks

Explore BRIDGEWATER

What's happening in and around Bridgewater?

Find out anytime, visit the Events Calendar at ExploreBridegwater.ca

ADD YOUR EVENTS TOO! Community groups, organizations, festivals and businesses are ALL invited to SUBMIT their upcoming events and activities - it's FREE!



Learn more at:
ExploreBridgewater.ca
Follow us at
@ExploreBridgewater

Explore Bridgewater is managed by the Town of Bridgewater.

NSWalks

Join us!

For a gentle, friendly weekly walk in your community!

Tuesdays at 5:15pm
Meet at Bridgewater Elementary School, Queen Street entrance

Wednesdays at 10:00 a.m.
Meet at the Holy Trinity Anglican Church Hall
78 Alexandra Avenue

Need help? (902) 932-4969



HIKE Nova Scotia · NOVA SCOTIA · MAKE YOUR MOVE

Movement, Fitness, & Sport

Family Fun Open Gym Drop-In

A welcoming space for families with children to play, explore, and enjoy active time together. Bring the whole family for unstructured fun with a variety of equipment and games available. Please bring non-marking clean shoes. We encourage registration so we can send updates about weekly offerings and get your feedback!

Tuesdays
No Class: Dec 29
4:00 PM – 5:00 PM
Bridgewater Elementary School, 130 York Street, Bridgewater
FREE



Adult Open Gym Drop-In



Remember when fitness used to be fun…? We are so excited to offer an all new, non-competitive, grown-up P.E. class for ages 16 and up. We will have a variety of gym activities, pick-up games, and recess-style fun designed to get you moving, meet new people, and stay active in a welcoming environment. This is NOT a sports league and no experience is necessary, just come ready to have fun! Please bring non-marking clean shoes. We encourage registration so we can send updates about weekly offerings and get your feedback!

Tuesdays
7:15 PM – 8:45 PM
Bridgewater Elementary School, 130 York Street, Bridgewater
FREE



Fun & Fit Over 50 Ages 50+

A fun and functional fitness class with a focus on cardio, strength, core, balance and agility for every level of fitness. Chairs are also provided if needed.

Mondays, Wednesdays and Fridays
No class: Dec 25, Jan1, Feb 15
9:00 AM - 10:00 AM
Michelin Social & Athletic Club, 221 Logan Rd, Bridgewater
$5 Drop-In

Movement, Fitness, & Sport

sportball 30 years

Who we are: Sportball is a world leader in multisport programming for children 16 months to 12 years old.
What we do: We help kids fall in love with moving their bodies while they hone their social, gross motor, and sports skills. It's a win for both parents and kids!
How we do it: Research-based methodology and three decades of experience go into designing fun fueled classes kids can't get enough of.

Parent @ Child Multi-Sport Ages 2 -3 + Adult
Parents can have a direct hand in a preschooler's development through 8 different ball sports. Parent and Tot classes teach children important introductory physical skills and help them to develop confidence in their abilities. The programs also help parents understand techniques that can be applied outside of Sportball classes.
Mondays, January 18 – March 1
5:00 PM - 5:45 PM
No Class: February 15
564 Glen Allan Drive, Bridgewater
$105/6 weeks

Sportball - Multi-Sport Indoor Ages 3.5 – 4
Sportball is a dynamic sports program focusing on skill development in eight different sports. This creative, non-competitive and self esteem building program prepares all children for a future of confident sports participation.
Mondays, January 18 – March 1
5:45 PM - 6:45 PM
No Class: February 15
564 Glen Allan Drive, Bridgewater
$105/6 weeks

Sportball - Multi-Sport Indoor Ages 5 & 7
Our signature multi-sport programs give children the opportunity to experience up to 8 sports to help them discover which ones they love most. Every class we cover a different sport so our kids never get bored! Featured sports vary by region and are always evolving based on seasonality and trends.
Mondays, January 18 – March 1
6:45 PM - 7:45 PM
No Class: February 15
564 Glen Allan Drive, Bridgewater
$105/6 weeks

Flourish Center 55+
Healthy Activity Society
90 Dominion Street, Bridgewater
902-543-2226
www.flourishcentre.ca

The Flourish Centre offers programs to the 55+ Community in the Town of Bridgewater, Lunenburg County, and surrounding areas. Our mandate is to provide support to the Senior community by offering programs that touch on three main areas, social, mental and recreational activities.

Movement, Fitness, & Sport

Eggs-plore Nature's Palette – Natural Egg Decoration All Ages (* children must be accompanied by an adult)
Celebrate the arrival of spring by experimenting with natural Easter egg dyes! Using common household ingredients, we'll create beautiful, naturally coloured eggs that you can proudly display and eat!
Wednesday, March 24
6:00 PM – 7:30 PM
DesBrisay Museum, 130 Jubilee Rd, Bridgewater
FREE (Please Register)



Plot to Plant Garden Planning Workshop All Ages (* children must be accompanied by an adult)
A hands on session designed to help you map out your garden, whether for flowers, vegetables, or pollinators. Learn how to choose the best layout, optimize plant pairings, and create a seasonal planting plan for a thriving, productive space.
Saturday, March 20
1:30 PM – 3:30 PM
DesBrisay Museum, 130 Jubilee Rd, Bridgewater
FREE (Please Register)

Forest Immersion Intro & Walk
Join environmental researcher and certified Forest Immersion Guide Colin Gray for a short introductory talk about the practice and benefits of forest immersion, followed by walk to practice and experience the Woodland Garden trails in a whole new way. Find some like minded friends and open the door to the wonders of nature right here in Bridgewater and beyond.
Saturday, March 27
2:00 PM – 3:30 PM
DesBrisay Museum, 130 Jubilee Rd, Bridgewater

ARTS.
CULTURE.
HERITAGE.
DesBrisay museum

Scan QR Code for Events Calendar
30 Jubilee Road, Bridgewater, NS
Tuesday-Saturday 1 p.m. – 5 p.m.
Free Admission
desbrisaymuseum.ca

National Volunteer Week April 18-24, 2027

CALL FOR VOLUNTEER AWARD NOMINATIONS!

Nominations are Open for:

Provincial Volunteer Representative Award
Family Volunteer Award
Corporate Volunteer Award
Local Appreciation Award

Nomination Deadline
Friday, March 5, 2027





Forms & more information - bridgewater.ca/volunteer

BRIDGEWATER COMMUNITY GARDENS

The Bridgewater Community Garden is located at Aberdeen Green Park, the corner of Aberdeen Rd. and Elm St. in Bridgewater NS. The garden is supported by the Town of Bridgewater, and Helping Nature Heal and has 20, 8' x 4' gardens plots available to be tended by community members each season. Email communitygardens@bridgewater.ca to get involved!



bridgewater.ca/communitygardens @communitygardenbwns

LUNENBURG COMMUNITY GARDEN

The Lunenburg Community Garden is located on the grounds of the Lunenburg Academy at 97 Kaulbach St. Lunenburg, NS. The garden is entirely volunteer run and has 20, 10' x 4' gardens plots available to be tended by community members each season. Email garden.lunenburg@gmail.com to get involved!



lunenburgcommunitygarden.ca @garden.lunenburg

Bridgewater Transit

Hours of Service

Monday - Friday 6:00am - 9:00pm
Saturday 8:00am - 7:00pm
Sunday 9:00am - 5:00pm

Accessible For Everyone

Fares, map, real-time transit tracker, and more information visit: **bridgewater.ca/bus**

1 LCLC	6 South Shore Centre	10 Glen Allan Dr. near hospital	15 King St. Downtown	18 Jubilee Rd. near DesBrisay Museum	21 Gateway Plaza
6:00	6:12	6:20	6:28	6:37	6:44
7:00	7:12	7:20	7:28	7:37	7:44
8:00	8:12	8:20	8:28	8:37	8:44
9:00	9:12	9:20	9:28	9:37	9:44
10:00	10:12	10:20	10:28	10:37	10:44
11:00	11:12	11:20	11:28	11:37	11:44
12:00	12:12	12:20	12:28	12:37	12:44
1:00	1:12	1:20	1:28	1:37	1:44
2:00	2:12	2:20	2:28	2:37	2:44
3:00	3:12	3:20	3:28	3:37	3:44
4:00	4:12	4:20	4:28	4:37	4:44
5:00	5:12	5:20	5:28	5:37	5:44
6:00	6:12	6:20	6:28	6:37	6:44
7:00	7:12	7:20	7:28	7:37	7:44
8:00	8:12	8:20	8:28	8:37	8:44

town of BRIDGEWATER

CHRISTMAS ON THE LAHAVE

November 27 to January 2

Featured Events



Tree Lighting at Pijinuiskaq Park
Nov. 27, 6:30 p.m.



Michelin Parade of Lights
Nov. 28, 6:00 p.m.



Fireworks over the LaHave
Nov. 28, 7:15 p.m.



Bridgewater Shines Lights & Displays
Nov. 27 to Jan. 2



Bridgewater Shines Stroll to WIN!
Nov. 27 to Dec. 18

Free Parking Downtown

Holiday festivities continue...

Nov. 27	Bridgewater Famer's Holiday Market
Nov. 28	Santa at the South Shore Centre
Dec. 2 & 9	Seaside A Cappella Holiday Harmony
Dec. 4-13	South Shore Players: Hansel & Gretel
Dec. 5 & 19	Holiday workshops at DesBrisay Museum
Dec. 6	HB Studio's Holiday Movie, "The Polar Express"
Dec. 12	LCLC presents, Hello Holiday
Dec. 15	Seniors Holiday Tea

Scan Me

Plus so much more, visit ExploreBridgewater.ca

GET ACTIVE FOR LESS!

LUNENBURG COUNTY
Lifestyle Centre



10 VISIT PASS

$70 plus HST

price valid until Dec 31, 2026



10 VISITS FOR ONE GREAT PRICE

Classes for Everyone:

- Mind & Body
- Strength & Conditioning
- Cardio & Dance
- Flexibility

ONE PASS.

More Movement. More Energy. More You.

- STRENGTH & CONDITIONING
- IMPROVE HEALTH
- STAY ACTIVE
- WELCOMING COMMUNITY
- FLEXIBLE ACCESS

VISIT GUEST SERVICES TO PURCHASE YOUR MULTI-VISIT PASS

lclc.ca | info@lclc.ca | (902) 530-4100 | Register at Connect2Rec.com

LCLC SWIM LESSONS

WINTER 2027 LIFESAVING SOCIETY SWIM FOR LIFE LESSONS

8 Weeks beginning January 5th, 2027

Please Note: Schedule subject to change.

Private lesson information will be available online.

LEVEL *With parent or caregiver	TUESDAY Jan 5 - Feb 23	WEDNESDAY Jan 6 - Feb 24	SATURDAY Jan 9 - Feb 27	LESSON INFORMATION
PARENT & TOT 1*	---	4:35 - 5:05 pm	9:35 - 10:05 am	8 Lessons 30 minutes each Members - $63 Non-Members - $90
PARENT & TOT 2*	5:10 - 5:40 pm	---	10:10 - 10:40 am	
PARENT & TOT 3*	4:00 - 4:30 pm	---	---	
PRESCHOOL 1	4:00 - 4:30 pm 5:10 - 5:40 pm	4:00 - 4:30 pm 5:10 - 5:40 pm 5:45 - 6:15 pm	9:35 - 10:05 am 11:20 - 11:50 am	
PRESCHOOL 2	4:35 - 5:05 pm	4:35 - 5:05 pm 5:45 - 6:15 pm	10:10 - 10:40 am	
PRESCHOOL 3	4:00 - 4:30 pm 5:10 - 5:40 pm	5:10 - 5:40 pm	9:00 - 9:30 am	
PRESCHOOL 4	---	---	10:45 - 11:15 am	
PRESCHOOL 5	6:30 - 7:00 pm	---	---	
SWIMMER 1	4:35 - 5:05 pm 5:45 - 6:15 pm 6:20 - 6:50 pm	4:00 - 4:30 pm 6:20 - 6:50 pm	9:00 - 9:30 am 10:45 - 11:15 am	
SWIMMER 2	4:35 - 5:05 pm 6:20 - 6:50 pm	4:00 - 4:30 pm	11:20 - 11:50 am	
SWIMMER 3	5:45 - 6:15 pm	6:20 - 6:50 pm	---	
SWIMMER 4	5:45 - 6:30 pm	5:25 - 6:10 pm	---	8 Lessons 45 minutes each Members - $70 Non-Members - $100
SWIMMER 5	---	6:15 - 7:00 pm	---	
SWIMMER 6	---	4:35 - 5:20 pm	11:15 - 12:00 pm	
SWIMMER 7	---	---	9:35 - 10:20 am	
SWIMMER 8	---	---	10:25 - 11:10 am	
SWIMMER 9	---	---	10:25 - 11:10 am	

LCLC SWIM LESSONS

Swimming Programs

DROP-IN WATER POLO
9-16 Years Old
Have fun learning water polo and developing your skills and endurance in the water!

SUNDAYS
11:00 – 12:00 pm

FEE: FREE - Members / $2 Non-Members

ADULT / TEEN LESSONS
Learn to improve your strokes and skills.

Adult Stroke Improvement:
Wednesdays
Jan 6 - Feb 24 at 4:00-4:45 pm

Adult Beginner: Wednesdays
Jan 6 - Feb 24 at 5:00-5:45 pm

FEE: Members $70 / Non-Members $100

BRONZE CROSS / INTERMEDIATE WORKPLACE FIRST AID
Prerequisites: 13 years old on date of exam, or holder of current Bronze Medallion and Basic First Aid Certification

This course teaches the lifesaving principles including water rescue education, water safety knowledge, rescue skills, and fitness. This course is a prerequisite for Swim Instructor and National Lifeguard.

THURSDAYS
January 7th to February 25th, 2027
4 - 9 pm
FEE: $123 Members / $175 Non-Members

SWIM INSTRUCTOR COURSE
Prerequisites: 15 yrs old by final day of course, holder of current Bronze Cross.

The Swim Instructor Course prepares candidates to become a certified Swim for Life instructor.

100% Attendance Required

March Break
March 8th to 12th, 2027
9 am - 4 pm

FEE: $175 Members / $250 Non-Members

LIFESAVING SOCIETY
The Lifeguarding Experts

SWIM FOR LIFE
LIFESAVING SOCIETY

Get More From Your YMCA This Winter

Shine On



COMMUNITY INITIATIVES
Connect, give back and belong

GROUP FITNESS
Classes for every level & interests

YOUTH PROGRAMS
Active, fun and age-appropriate

Programs for everyone!

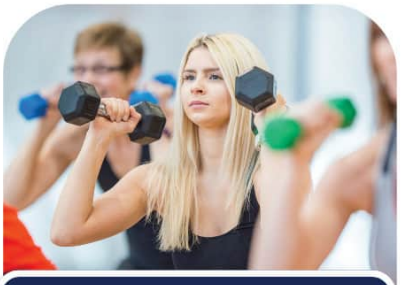


YOUTH LEADER PROGRAM
Ages 12 - 18

Wednesdays 6-8 PM

Participate in leadership training through skill development sessions, teamwork activities, and volunteering in the local community.

For more information call 902-530-3392 or email Serena.Meaney@ns.ymca.ca



GROUP FITNESS INSTRUCTOR

Turn your passion for fitness into leadership! Gain skills and confidence to lead safe, effective and inclusive group fitness classes.

For more information email Samantha.Green@ns.ymca.ca



SMALL STEPS for BIG CHANGES

A six-session, one-on-one coaching program for individuals with prediabetes. Work with a trained SSBC coach to build healthier habits, increase physical activity, improve nutrition, and make lasting lifestyle changes.

For more information email Wellness@ns.ymca.ca

Shine On Southwest Nova Scotia

1 MEMBERSHIP.
2 RECREATION FACILITIES!
YMCA & LCLC Joint Membership

The best fitness and recreation opportunities the South Shore has to offer.

Shine On

YMCA Fitness Classes

Cycle Fusion · Yoga · Bootcamp · Zumba · Barre · Chair Fit · Mobility

See your full schedule & class details at:
ymcasouthwestns.ca/groupfitness or check out our Facebook page!

YMCA

Fall Membership Offers

Dec 1 - Dec 31 2026

12 DAYS OF FITNESS

Try the YMCA with a free 12 day trial*

*FOR NEW MEMBERS ONLY

Jan 1 - Feb 15 2027

Introductory Membership*

Receive your first month for

$20 Individual* **$50** Couple/Family*

+ applicable joiner fee*

Keep On Track

Join Denise for monthly wellness sessions focused on staying active, improving your well-being, and connecting with others. Get moving, and enjoy meaningful conversations about healthy, active living.
For more details, visit:
ymcasouthwestns.ca/keepontrack

Membership Assistance

- Subsidized memberships
- Based on income (LICO)
- Quick, simple & confidential

Everyone belongs. Ask us how we can help!
For more details, visit:
ymcasouthwestns.ca/membership-assistance

Shine On Southwest Nova Scotia

Town of Lunenburg Recreation

Recreation Office & Lunenburg Community Centre
15 Green St., Lunenburg, NS, B0J 2C0
T: (902) 634-4006 | F: (902) 634-4416
recfacilities@townoflunenburg.ca
Find us online: www.townoflunenburg.ca



Online Registration

Register for weight room memberships and programs **online**!

Step 1: Visit www.connect2rec.com
Step 2: "Sign In" or Create an Account
Step 3: Search for "Programs" or select "Memberships" for the weight room

Note: Drop-in programs do not require pre-registration. Fees include HST.

Cancellations The "Town of Lunenburg" Facebook page will post if there are any cancellations or call the Recreation Office at (902) 634-4006.

Refund Policy Once a program has started, a refund will only be issued if a participant withdraws for medical reasons. In these cases, a 10% administration fee will be charged and the amount of the refund will be prorated.

Financial Assistance For Youth Activities

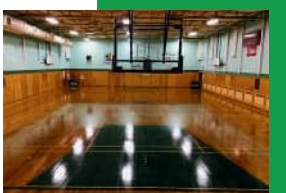
PRO Kids (Positive Recreation Opportunities for Kids) provides financial assistance to children and youth aged 18 and under living within the Town of Lunenburg who, due to lack of funds, are not able to participate in sport, recreation and cultural activities. The Town's PRO Kids can support a maximum of $300 per season per child.

For an application form visit
https://www.townoflunenburg.ca/pro-kids-program.html or
Contact (902) 634-4006 or ktibbo@townoflunenburg.ca

PRO Kids would not be possible without community support! Everyone who gives a donation will receive a tax receipt.









Lunenburg War Memorial Arena

Public Skate Times

Public Skate:
Mondays, Wednesdays & Fridays, 3:00pm - 4:30pm

Adult Skate:
Mondays, Wednesdays & Fridays, 11:15am - 12:45pm

Family Skate:
Sundays, 6:15pm – 7:30pm

Parents & Tots:
Wednesdays, 10:30am –11:30am (FREE!)

Admission Rates

Children & Youth $3.00
Adults $4.00

Season Passes
Youth $102.00
Adults $131.00
Family $176.00

Skate Sharpening $5.00

Ice Rentals

Recreational *fun for all ages!*

Looking for winter fun with friends or work colleagues?
Wanting to play hockey or host a skating birthday party?

2026/27: *All prices include HST*

- Youth & Schools: $173.00/hr
- Primetime: $205.00/hr
- Non-Primetime: $173.00/hr
- Weekday Mornings: $136.00/hr (not including March Break)

Note: *A portion of ice rental fees are dedicated to an Ice Resurfacer Replacement Reserve Fund.*





Pick up Hockey Programs



50+ Hockey
Gear up and play a little shinny in the true spirit of the game!
Mondays, Wednesdays & Fridays 1:00 pm – 2:30 pm $12.00/session

Monday Night Drop-in Hockey
Shinny hockey on Monday evenings! Open to all with the goal of fun and team play. No slap shots or dangerous play. Organizer: Sam West. Contact westsam7@gmail.com Mondays, 9:00 pm – 10:15 pm $12/session

Women's Hockey
Women's shinny hockey every Friday night! Open to all with the goal of recreational fun. Organizer: Sherry Ritcey. Contact sherryritcey@eastlink.ca Fridays, 7:00 pm – 8:00 pm $12/session

Lunenburg Community Centre

Pickleball

Mondays 11am-1:30pm
Tuesdays 7pm-9pm
Wednesdays 1pm-3pm
Fridays 1:15pm-3:15pm
$5/drop-in

Women only, recreational

Tuesdays 12:30pm-2:30pm
Fridays 10:45am-1pm
$5/drop-in

65+ Pickleball

Wednesdays 10:45am-12:45pm
$5/drop-in

Open Gyn

Open to anyone for basketball, pickleball, ping pong, etc. This is an unsupervised activity. **Tuesdays** 9am-11:30am
$5/drop-in

Karate with Terry Lantz

Adults only Tuesday 6:45pm-7:45pm
Adults & Youth Monday/Thursday 6:45pm-8:00pm
Contact: terrylantz58@gmail.com

New Gentle Chair Stretch Yoga

A gentle, accessible stretching class designed to improve flexibility, mobility, and overall well-being, all from the comfort of a chair. Move through gentle stretches to release tension and support everyday movement. From there, we'll ease into calming breathwork and guided meditation, creating space to quiet the mind, calm the nervous system, and settle into a deeper sense of relaxation.

Instructor Kayla Rhodenizer
Mondays 2:30pm - $4/drop in

Yoga with Maeka

ADAPTIVE Yoga. Engage in movement and meditation designed to gently boost strength, enhance mobility, and alleviate stress. All postures are modified for both standing and sitting.
Classes are suitable for all levels.
Register: mwrightyoga@gmail.com
Tuesdays 1:30pm - 2:30pm
$120/6 classes

Walkin' in the Morning

Start your day with an indoor walk! Walk at your own pace, socialize with friends, and experience the benefits of a regular walking program.
This is an unsupervised activity.
Mon, Tues, Wed & Fri. 8am– 9am **Free!**

Badminton

All skill levels welcome. 16+
Wednesdays 7pm-9pm - $5/drop-in

Senior Fitness Class

Staying active is an important part of our daily life! Join our wonderful instructors, Deborah Kiceniuk and Paula Masson, who lead classes emphasising on improving muscle tone, flexibility and strength in a fun and friendly atmosphere. Exercise to your own ability; low to moderate intensity.

Wednesdays with Deborah
9:30am-10:15am
Fridays with Paula
9:30am-10:15am
Community Centre - Auditorium
$4/drop-in, session rate available

Winter Hockey Tournaments

Gary L. Wentzell March Break Tournament

The South Shore Minor Hockey Association presents a youth tournament for U9 Jamboree (full ice), and U11 & U13 competitive and recreational levels, running March 8 - 14, 2027.

For more information contact:
gwtournamentssmha@gmail.com



14th Annual Jennifer Collins Classic

The Jennifer Collins Classic (formerly the BURG Classic) taking place March 25 - 28, 2027, will feature recreational hockey, rink games, a silent auction and a Saturday night dance.

For more information contact:
info@jennifercollinsclassic.com or www.jennifercollinsclassic.com

Rental Opportunities

Auditorium
$50/hr, $60/hr w/ Kitchen



Fitness Studio
$33/hr



To check availability, visit :
http://townoflunenburg.ca/community-centre-programs-and-rentals.html

Lunenburg Farmer's Market

A community tradition for the residents and visitors of Lunenburg. Operating year-round, the market offers a fabulous selection of local products, local music and more!

LUNENBURG FARMERS' MARKET

Hours & Location: Thursdays 8:00 am – 12:00 pm
Lunenburg Arena (19 Green Street) - Mid-May to Mid-September
Lunenburg Community Centre (15 Green Street) - Mid-September to Mid-May

District of Lunenburg
Recreation, Parks, and Tourism
"Working with you to create recreational opportunities for all"



10 Allée Champlain Drive | Cookville, NS | B4V 9E4
Phone: (902) 541-1343 **| Fax:** (902) 543-7123
Office Hours: 8:00am – 5:00pm, Monday to Friday
E-mail: recreation@modl.ca
Web: www.modl.ca **and** www.exploremodl.ca
: @MODLRec **and** @DistrictofLunenburg

Director of Recreation, Parks, and Tourism: ..... **Vacant**
Program Coordinator: ..... **Moira Frier**
Trails & Open Space Coordinator: ..... **Andrea Mehner**
Tourism & Event Development Officer: ..... **Sandra Challis**
Active Living Coordinator: ..... **Kelly Cunningham**
Park Supervisor: ..... **Jason McCarthy**
Administrative Assistant: ..... **Eric Arajs**



We believe in creating safe and inclusive spaces where everyone feels valued, respected, and accepted for who they are.

We celebrate diversity in all its forms and embrace individuals from every background.

We prioritize kindness, empathy, and understanding.

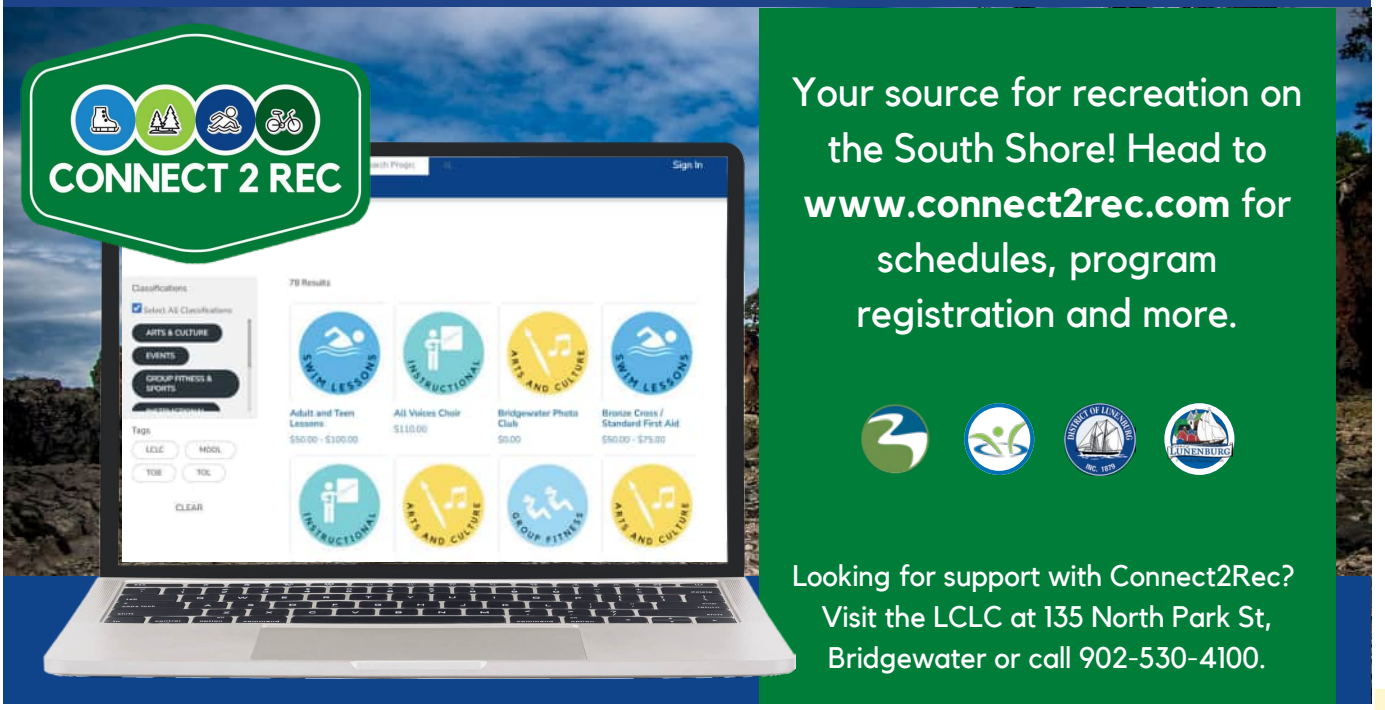
Together, let's foster a supportive and welcoming environment where everyone can thrive, learn, and connect with others.

Recreation Beyond Barriers

We are committed to supporting individuals who face barriers in finding and enjoying meaningful leisure activities. Our staff will work to identify each person's interests, skills, available time, and level of involvement to create fulfilling recreation opportunities. We will also address barriers such as transportation, accessibility, equipment, costs, and volunteer support. Resources like activity exploration, equipment loans, and additional assistance will be available to enhance participation. By increasing awareness and access to support, individuals can enjoy more inclusive and enriching recreational experiences. Please contact Moira Frier at **(902) 541-1335** to discuss possibilities.

Program Registration Information

Registration Opens Monday, December 14, 2026



Your source for recreation on the South Shore! Head to **www.connect2rec.com** for schedules, program registration and more.

Looking for support with Connect2Rec? Visit the LCLC at 135 North Park St, Bridgewater or call 902-530-4100.

Register Online:

At your convenience, any time of day or night. Online registration requires credit card payment.

It's easy!

Step 1. Visit us online at **www.connect2rec.com**.

Step 2. "Sign Up or Log In". (Enter a login name and password, which you create yourself).

Step 3. Next **Search & Register for Programs**.

Step 4. ***Have FUN!***

Register by Phone:

- Call the **LCLC** at **(902) 530-4100.**

Register In-Person:

- Visit the **LCLC** at 135 North Park Street, Bridgewater.
- 7 days a week, facility hours vary daily.

MODL Refund Procedures

- Full refunds will be issued up to 4 days before the program start date.
- No refunds will be issued for withdrawal notice within 4 days of the program start date or for 'no show' registrants.
- If a registrant cannot take part due to factors outside of their control (i.e., illness or injury) these instances will be reviewed on a case-by-case basis and a partial or full refund may be made in the form of a credit on your account.
- All refunds will be processed through the Lunenburg County Lifestyle Centre (LCLC).

- All programs are subject to minimum and maximum enrollment.
- Register early to reserve your spot and avoid disappointment.
- Waiting lists will be taken for full programs and additional programs added, if possible.
- Payment is required at the time of registration.

For program cancellations or changes, please call ***(902) 541-1343*** *or check our Facebook Page* ***@MODLRec****.*

Volunteer Spotlight

A showcase of some local non-profit organizations, the work they do, and the volunteer opportunities with them.

Lunenburg County Hikers

This organization coordinates group hikes two to three times a month, to enjoy nature, get exercise and build friendships. Many of the hikes are based in and around Lunenburg County, but they sometimes travel to neighbouring communities too!



Volunteer Opportunities

Love hiking? Looking for a rewarding way to give back?
LCH is looking for volunteer **Hike Leaders** to:

- Lead group hiking experiences (training available)
- Help **plan and shape** their seasonal hiking **program**
- Share your passion for the outdoors with others

Be a Hike Leader and help create memorable adventures!

Want to know more?
Visit their Facebook page
@Lunenburg County Hikers
Or to be added to their email list:
luncountyhikers@gmail.com

Disaster Animal Response Team of Nova Scotia

DARTNS is a registered charity that sets up and runs emergency animal shelters for pets in times of disaster. We know pets are part of the family, and no one should have to leave them behind in an emergency. DARTNS helps make it possible for families to evacuate together, knowing their beloved pets have a safe place to go.
As a 100% volunteer-run organization, DARTNS relies on generous donations to purchase shelter supplies, provide volunteer training and raise awareness about the importance of emergency preparedness for pets.

For more information visit: **www.dartns.org**

Volunteer Opportunities

They're looking for caring, dedicated volunteers to help with **community events**, **fundraising**, **membership**, their Haunted House at Noggins Corner Farm, and emergency animal shelters. Training is provided!

Want to know more?
Call: 902-233-4089 or
Email: **information@dartns.org**
@dartnscomms

Association du Centre Communautaire de la Rive-Sud

The ACCRS is a non-profit organization dedicated to supporting the vitality, visibility, and development of the Francophone community on Nova Scotia's South Shore - bringing people together through cultural, educational, and social activities and services that celebrate the French language, Acadian heritage, and cultural diversity.

For more information visit: **www.accrs.ca** **or on**





Volunteer Opportunity

The ACCRS is looking for volunteers to help organize and **support community activities** and **events**, **welcome participants**, **assist with cultural programming**, and contribute to initiatives that **bring our Francophone community together**. Whether you have a little time or would like to get more involved, your contribution is welcome!
Interested? Email: **dg@accrs.ca**

NATIONAL VOLUNTEER WEEK APRIL 18–27, 2027

The Municipality of the District of Lunenburg appreciates and celebrates volunteerism in our communities.

Provincial Volunteer Representative 2026: Mike Wilson



We are pleased to announce that **Mike Wilson** is the 2026 Provincial Volunteer Representative! For the past nine years, Mike has been the driving force behind the New Germany and Area IWK Toy Drive, dedicating countless hours to organizing donations and ensuring its success. His behind-the-scenes efforts bring joy to many families and strengthen the community.

His commitment is deeply personal. After his daughter spent an extended time in the hospital as a newborn, the care she received at the IWK inspired him to give back. Today, she is a healthy, energetic eight-year-old, and Mike has turned his gratitude into meaningful action for other families facing similar challenges.

Through his leadership, Mike has created a ripple effect of generosity, bringing together businesses, service organizations, schools, and individuals. His work has helped foster a strong sense of collaboration and community spirit.

A teacher by profession, he carries that same care and leadership into his volunteer efforts. Known for his reliability, kindness, and tireless dedication, he leads by example. Despite his impact, Mike remains humble, always recognizing others while avoiding attention for himself.

Beyond the toy drive, he also supports the local legion and tends to Commonwealth soldiers' grave sites, reflecting his respect for history and service. His quiet dedication makes him a trusted and valued community member.

Nominate a Volunteer Today!

Do you know a deserving volunteer in your community we should know about? Nominations are being accepted for the following:

Provincial Volunteer Representative — One volunteer (individual, couple, or group) will be selected to represent the District of Lunenburg at the 53rd Provincial Volunteer Award Ceremony in September.

Municipal Awards and Reception — Community organizations are invited to nominate and send two representatives to the Municipal Reception to be held during National Volunteer Week in April.

Please complete a nomination form and submit it by **Thursday, March 11, 2027**. The form is available on **www.modl.ca**, by calling **(902) 541-1343,** or emailing **recreation@modl.ca**.

We wish to thank all our community volunteers for their passion, their action, and the impact they have in making MODL a great place to live, work, and play.

Youth Programs

Pre-registration is required for all programs. All programs subject to change.

Red Cross Babysitter Course

Teaches the skills and knowledge needed to care for infants, toddlers, preschoolers, and school-aged children. Topics include the rights and responsibilities of a babysitter, first aid, dealing with emergencies, childcare skills, and ideas for fun. Bring an infant sized teddy bear or doll, pencil, and lunch/snacks. This is a safety education course, not a guarantee of competence. Instructed by Patty Joudrey's Education and Training. Ages 11-14.

Saturday, January 9, 9:00am – 3:00pm
Conquerall Bank Fire Hall, Conquerall Bank
Thursday, March 11, 9:00am – 3:00pm
Northfield & District Fire Hall, West Northfield
$40



Youth Art Classes

Unlock your child's creativity with our exciting 'Youth Art Classes' designed just for kids! Let them explore their imagination in a fun and supportive environment. Our experienced instructor, Janine Smith, will guide them as they learn about famous artists, discover new materials, and explore new techniques as well as expressing their unique artistic voice. Whether your child is a budding Picasso or just starting their artistic journey, our classes cater to all skill levels. Join us for a colourful adventure where creativity knows no bounds!

Mondays, January 25 – March 1 (no class February 15)
Ages 5-9 from 4:30pm – 5:30pm
Ages 10-14 from 6:00pm – 7:00pm
Hebbville Fire Hall, Hebbville
$90/5 weeks

Wednesdays, January 27 – February 24
Ages 5-9 from 4:00pm – 5:00pm
Ages 10-14 from 5:30pm – 6:30pm
Blockhouse & District Fire Hall, Blockhouse
$90/5 weeks

Snow Lab

Get ready to experiment, explore, and have some frosty fun! In the Snow Lab, kids will dive into hands-on science and engineering activities inspired by winter, from making instant snow and learning how ice forms, to building mini snowball launchers and testing what materials keep you warm. It's a perfect mix of creativity, curiosity, and cool discoveries! Ages 6-12.

Sunday, February 7, 1:00pm – 3:00pm
St. Lukes Church Hall, Rhodes Corner
It's Free! Donations for PRO Kids welcomed



Red Cross Stay Safe! Course

Real-world scenarios often call on children to respond to challenges. The Stay Safe! program teaches applicable and age-appropriate skills, while increasing and reinforcing a youth's capacity to improve their own safety. Whether in their community or on their own, this group will be given better tools to Stay Safe! in a variety of different situations. Bring snacks. Instructed by Patty Joudrey's Education and Training. Ages 9-13.

Saturday, February 27, 9:00am – 1:00pm
Tri District Fire Rescue, Newcombville
$40



MODL Winter Passport

5,000 Steps in a Day	Explore the MARC	30 min Walk on a Trail
20 min Walk on a Beach	10 min Outdoor Walk	Visit Miller Point Park
Watch a Sunrise	Explore River Ridge Common	Walk with a Friend

Complete any **6** activities and submit to:
recreation@modl.ca by **Feb 28**
for a chance to **win prizes!**



Family Programs & Special Events

Pre-registration is required for all programs. All programs subject to change.

Women and Girls Drop-In Swims

Through a partnership with the Lunenburg County Lifestyle Centre (LCLC), we are offering **free** Women and Girls drop-in swims for all ages! Whether it's a mother daughter swim, a friend outing, or you just want to go for a dip, we hope to see you there! This initiative was started due to the overwhelming demand for women-only drop-in opportunities.

Saturdays, 4:00pm – 5:00pm
Lunenburg County Lifestyle Centre (LCLC), Bridgewater



New! Parent & Me Fitness

Join instructor Kayla from Spirit & Body Wellness for a fitness class where parents can move their bodies, exercise, and stretch while bringing their little ones along! No need to arrange childcare or worry about your baby or toddler interrupting class; everyone is in the same boat. Take a break whenever your little one needs you and jump back in when you're ready. Enjoy movement and time for yourself while connecting with other parents in a welcoming, supportive environment!

Tuesdays, January 5 – March 23, 10:30am – 11:30am
Broad Cove Hall, Broad Cove
$90/12 weeks



Snowshoe Socials

Step into the season with a leisurely snowshoe stroll through scenic winter trails! Enjoy great company, fresh air, and gentle exercise at a relaxed pace, perfect for all experience levels.

Friday, January 15, 9:30am – 11:00am
Arthur Young Trail/LaHave River Trail, Cookville
Saturday, February 6, 9:30am – 11:00am
MARC, Dayspring
Sunday, February 14, 2:00pm – 3:30pm
Bay to Bay Trail, Mahone Bay
Tuesday, February 23, 2:00pm – 3:30pm
Bull Run Trail, Hebbville
It's Free! Donations for PRO Kids welcomed



Group Snowshoeing

We are happy to lead group snowshoe hikes, as conditions allow. Locations can be on any public trail or park in the Municipality. Call Moira Frier at **(902) 541-1335** and we'll work out the details. Equipment rental is available on a limited basis. Please contact us early with your request.



Family Programs & Special Events

Pre-registration is required for all programs. All programs subject to change.

Sensory-Friendly Family Swims

The Municipality of the District of Lunenburg has partnered with the South Shore Chapter of Autism Nova Scotia to host sensory-friendly swims at the LCLC. This is open to all ages, and to anyone who would benefit from a sensory-friendly environment. The pool will be closed to the public.

Sundays, January 17, February 21, and March 21, 5:00pm – 6:00pm
Lunenburg County Lifestyle Centre (LCLC), Bridgewater
It's Free!



Full Moon Walks

Join us for a magical winter walk under the full moon! Experience the serene beauty of the season as moonlight illuminates frosty landscapes and quiet trails. This unique night-time walk is perfect for those looking to unwind, connect with nature, and enjoy the calm, crisp winter air. Bundle up and let the full moon guide your way! Bring a flashlight or headlamp.

- **Friday, January 22, 5:30pm – 6:30pm: Miller Point Peace Park**
  Celebrate the Wolf Moon with us as we explore the meandering trails at Miller Point Peace Park. Approximately 3km of easy trails.
- **Saturday, February 20, 6:00pm – 7:30pm: River Ridge Common**
  We will meet in the parking lot at River Ridge Common to set out on a scenic hike through the trail system to soak up the Snow Moon! Approximately 4km of easy-moderate trails.
- **Monday, March 22, 6:30pm – 8:00pm: MARC Trails**
  Step into the soft glow of the Worm Moon and enjoy a peaceful walk as we transition out of winter. Approximately 4km of easy-moderate trails.

It's Free! Donations for PRO Kids welcomed
Note: In all hiking situations, it is recommended that you bring along water, snacks, possibly a change of socks and alternate clothing in case of a weather change. Tick precautions, appropriate footwear, and comfortable clothing are always recommended.



Bundle up and join us for winter fun and outdoor adventure! Whether you prefer skating, skiing, snowshoeing, hiking, sliding, or simply playing in the snow, there's something for everyone to enjoy. Take a break from the winter fun and gather around our afternoon bonfire to warm up, roast marshmallows, and enjoy a tasty treat! No equipment? No problem! Skis, snowshoes, and sleds will be available to borrow free of charge during the program on a first-come, first-served basis. Bring your sense of adventure, dress warmly, and get ready to make the most of winter! Weather permitting.

Saturdays, January 24 – March 6, 11:00am – 3:00pm
MARC, Dayspring
It's Free! Donations for PRO Kids welcomed

Campfire and Cocoa

Bundle up and enjoy a cozy evening under the winter sky! Gather around the campfire for stories, music, and laughter while sipping hot cocoa and roasting marshmallows. It's the perfect way to warm up, connect with your community, and celebrate the magic of winter nights.

Friday, January 29, 6:30pm – 8:00pm
MARC, Dayspring
It's Free! Donations for PRO Kids welcomed

Warm-Up to Winter

Join us for a fun-filled outdoor adventure in the park! Enjoy an afternoon of snowshoeing, cross-country skiing, and exciting winter games for the whole family. Take a break from the action and gather around the cozy propane fireplace to warm up, toast marshmallows, and enjoy a sweet treat! Whether you're hitting the trails or simply enjoying the winter fun, there's something for everyone. Bring the family, dress warmly, and make some wonderful winter memories with us! Weather permitting.

Sunday, January 31, 2:00pm – 3:30pm
River Ridge Common, Pinehurst
It's Free! Donations for PRO Kids welcomed

Family Programs & Special Events

Pre-registration is required for all programs. All programs subject to change.

Wheelchair Basketball

We're excited to partner with the Town of Lunenburg to bring this 5-week program to Explore the dynamic world of parasport with wheelchair basketball. Discover the exhilarating blend of skill, strategy, and teamwork in a game where mobility knows no bounds! For all abilities, equipment provided. Ages 12+.

Thursdays, February 4 – March 4, 5:30pm – 6:30pm
Lunenburg Community Centre, Lunenburg
It's Free! Donations for PRO Kids welcomed



Family Glow Dance

Join us for a vibrant and fun-filled event bringing families together for an unforgettable night of music, dancing, and glowing fun. This unique dance party features glow sticks and a lively atmosphere where everyone is encouraged to dress in bright, glowing colors. Families will enjoy dancing to their favorite hits while creating lasting memories on the dance floor, ensuring a delightful experience for all ages.

Friday, March 5, 7:00pm – 8:30pm
LaHave & District Fire Hall, LaHave
It's Free! Donations for PRO Kids welcomed

Parent & Child Guided Easter Pottery



This Easter, ditch the store-bought decor and come and get your hands messy at our parent and child clay hand building workshop. No experience required, our instructor Janine Smith will guide you through the techniques and will provide all materials you need. Pottery will be ready for pick-up before Easter weekend. Ages 8+.

Saturday, March 6, 1:30pm – 4:00pm
Blockhouse & District Fire Hall, Blockhouse
$10/person

Family Movie Matinee

Hop into spring with our Easter-themed indoor movie! Enjoy a family-friendly film celebrating fun, friendship, and the season of renewal. A big screen, popcorn, and sweet treats make it a perfect afternoon outing. Bring the whole family (and cozy blankets) to celebrate Easter with laughter and a little festive magic!

Sunday, March 14, 1:30pm – 3:30pm
Tri District Fire Rescue, Newcombville
It's Free! Donations for PRO Kids welcomed

ANNUAL Easter EGG HUNT



Hop on over for one of our most popular annual traditions – the MARC Easter Egg Hunt! Children will be divided into age-appropriate groups and sent on an exciting egg hunt throughout the MARC property, searching high and low for colourful Easter treasures. But the fun doesn't stop there! After the hunt, enjoy a festive afternoon filled with games, tasty snacks, face painting, and plenty of Easter-themed fun. Every child will go home with a special Easter prize! And, of course, no Easter celebration would be complete without a visit from the Easter Bunny, who will be hoppy to see everyone! Dress for the outdoors and don't forget to bring a bag or basket to collect your eggs. We can't wait to celebrate Easter with you!

Saturday, March 20, 2:00pm – 3:30pm
MARC, Dayspring
It's Free! Donations for PRO Kids welcomed

Memory Café NS

Memory Café NS Association

Enjoy our Memory Café Series this Winter!

What is a Memory Café?

A welcoming free social event for individuals living with memory challenges, their families and care partners.

Join us for warm drinks, conversation and entertainment!



Join us from 2:30pm to 3:30pm on:

Tuesday, January 12 (online)
Tuesday, February 9 (online)
Tuesday, March 16 (in-person)



Where are in-person cafés held?

27 South Restaurant, Best Western Hotel
527 Highway 10, Cookville

How do I register?

Email moira.frier@modl.ca
or call (902) 541-1335

Learn more: www.memorycafens.ca

We are indebted to the following agencies for their generous support:

New Horizons for Seniors Program

AGNS ART GALLERY OF NOVA SCOTIA

Scan to learn more about the Memory Café NS Association

Adult Programs

Pre-registration is required for all programs. All programs subject to change.

Women's Drop-In Volleyball

Join us for a fun, recreational evening of volleyball Monday nights, for all skill levels! Ages 19+.

Mondays, 7:00pm – 8:30pm, starting January 4
Centre Scolaire de la Rive-Sud, Cookville
$2/night

Mahone Bay Essentrics



This workout is based on the theories of Miranda Esmonda-White that simultaneously lengthens and strengthens every muscle in the body, resulting in greater joint mobility. This is a full-body technique that works through all the muscle chains, liberating and empowering the muscles, relieving them from tension in the process. Instructor Debbiee Mason will lead the class through this age-supporting exercise class. No weights or floor work required. Please wear comfortable clothing, bring a yoga mat, and water.

Tuesdays and Thursdays, January 5 – March 25, 10:30am – 11:30am
Royal Canadian Legion Hall, Mahone Bay
$90/24 classes

Strong & Steady

Build strength, improve balance, and move with confidence in this full-body fitness class for all fitness levels with Kayla from Spirit & Body Wellness. Through functional exercises using body weight, resistance bands, dumbbells, and balance training, you'll improve strength, stability, mobility, and coordination to support everyday movement. Exercises can be modified for all abilities, leaving you feeling stronger, more energized, and more confident. Please bring a yoga mat. Ages 18+.

Wednesdays, January 6 – March 24, 6:30pm – 7:30pm
Broad Cove Hall, Broad Cove
$100/12 weeks

Co-Ed Drop-In Volleyball

Join us for a fun, recreational evening of volleyball every Thursday night, for all skill levels! Ages 19+.

Thursdays, 7:00pm – 9:00pm, starting January 7
Bridgewater Elementary School, Bridgewater
$2/night

New! Seniors Golf

We're excited to partner with LBC Sports to offer an 8-week Seniors Golf Program featuring Trackman Technology and have Tina Rodenhiser as the host to set up the simulators and organize play each week. There will be a maximum of 8 golfers per session, and they will choose the course and format each week for play. Join as a group or as an individual and keep swinging through the winter months. This is not meant as an introduction to golf or teaching, just organized play! Ages 55+.

Mondays, January 11 – March 1, 9:00am – 11:00am
LBC Sports, Bridgewater
$125/8 weeks



The Restorative Path

Join Teresa Lorman on a breathwork, mindfulness and gentle movement journey; an invitation to slow down, reconnect, and cultivate greater ease in both body and mind. Through guided breathwork practices, mindful awareness, and gentle, accessible movement, participants are supported in releasing tension, calming the nervous system, and deepening their connection with themselves. No previous experience is necessary; this journey is designed for all levels and can be adapted to meet individual needs. Ages 12+.

Tuesday, January 12, 6:00pm – 7:30pm
West Northfield Community Centre, West Northfield
Wednesday, February 17, 6:00pm – 7:30pm
St. Lukes Church Hall, Rhodes Corner
$10

Adult Programs

Pre-registration is required for all programs. All programs subject to change.

New! Women's Golf

We're excited to partner with LBC Sports to offer an 8-week Women's Golf Program featuring Trackman Technology and have Tina Rodenhiser as the host to set up the simulators and organize the play each week. There will be a maximum of 8 golfers per session, and they will choose the course and format each week for play. Join as a group or as an individual and keep swinging through the winter months. This is not meant as an introduction to golf or teaching, just organized play! Ages 19+.

Wednesdays, January 13 – March 4, 9:00am – 11:00am
LBC Sports, Bridgewater
$125/8 weeks

Painting with Wool

Join instructor Amber Thompson to learn how to paint a snowman scene with wool! This style of needle felting is a 2D process where you use a design on a flat wool/felt sheet or another type of fabric and then proceed to "paint" it with different colour wools using felting needles. Painting with wool is very fun and relaxing. It's also a beginner-friendly and forgiving medium. This workshop provides a welcoming and supportive atmosphere where participants can feel free to express themselves creatively. Ages 8+. Those under 16 must be accompanied by an adult.

Thursday, January 21, 6:00pm – 8:00pm
Weather Date: Thursday, January 28
Pleasantville & District Fire Hall, Pleasantville
$20



Let's Make Stone Soup

Did you know January is international soup month? Come out and make a few batches of soup with enthusiastic home cook Diane Robitaille. We'll also be retelling the folktale "Stone Soup." Participants will leave with recipes and a belly full of soup. Vegetarian options will be prepared. The goals of this session are to celebrate collaboration, community, and enjoy a bowl of hot soup. Tips on soup-making from scratch will be provided. Ages 12+. Those under 16 must be accompanied by an adult.

Saturday, January 23, 2:00pm – 4:00pm
Tri District Fire Rescue, Newcombville
It's Free! Donations for PRO Kids welcomed

New! Winter Tabletop Easel Workshop

Join Gina of Memory Lane Woodworks for a fun, relaxed afternoon creating a winter-themed tabletop display! Participants will paint and assemble a chillin' snowman insert for a wooden tabletop easel. New participants will create the complete easel and winter insert, while those who attended our spring workshop can return to make a new interchangeable insert for their existing easel. Returning participants should bring their easel to the workshop. The easel is designed to hold different seasonal inserts, making it a piece you can enjoy and update throughout the year. No experience is required, and all materials are provided. Ages 12+. Those under 16 must be accompanied by an adult.

Sunday, January 24, 2:00pm – 4:00pm
Blockhouse & District Fire Hall, Blockhouse
$25



Adult Programs

Pre-registration is required for all programs. All programs subject to change.

Food Handlers Course

Food safety courses are for those who handle and work with food, like community groups and organizations and those who work in the food service industry. It's essential to protect the health and safety of your customers. The course will be delivered in a format that's interesting, fun, and straightforward. It covers the causes and types of foodborne illness and emphasizes practices designed to enhance food safety. Topics will include food preparation and storage, personal hygiene, and sanitation. Course Conductor, Al McMullin worked 35 years with the Province of Nova Scotia as a Public Health Inspector.

Wednesday, January 27, 5:30pm – Finish
Dayspring & District Fire Hall, Upper LaHave
$55



Quill a Lobster

Unleash your creativity in this engaging quilling workshop, where you'll learn to roll, shape, and arrange paper strips into a stunning lobster! Perfect for beginners and craft lovers alike, instructor Amber Thompson will guide you through the techniques needed to create intricate patterns and beautiful artwork. Join us for a fun and relaxing session and take home your own handcrafted masterpiece! Ages 10+. Children under 12 must be accompanied by an adult.

Thursday, February 11, 6:00pm – 8:00pm
Weather Date: Thursday, February 18
Italy Cross/Middlewood & District Fire Hall, Italy Cross
$20

New! Celebrating a Love of Food

Join enthusiastic home cook Diane Robitaille to explore our love of food and how we express love through food. We'll be making and sharing some delicious dishes, including some beloved favourites. We'll then enjoy those dishes. Recipes will be provided. Some gluten-free and dairy-free options will be available. Ages 18+.

Friday, February 12, 4:00pm – 6:00pm
Hebbville Fire Hall, Hebbville
$20

Adult Guided Pottery

Get creative and celebrate the season of love with a Valentine's-themed pottery workshop! Join instructor Janine Smith for a fun and hands-on experience as you create your own love-inspired pottery piece. Whether you're making something special for yourself or a loved one, it's the perfect opportunity to get creative, try something new, and enjoy a little Valentine's fun. No experience necessary, just bring your creativity! All supplies will be provided. Ages 18+.

Saturday, February 13, 1:00pm – 4:30pm
Northfield & District Fire Hall, West Northfield
$20

Seniors Winter Social

Let's shake off the winter blues with an afternoon full of laughter, fun, and connection! Join us for a variety of engaging activities, including brain-teasing puzzles, exciting games, lively music, and delicious snacks. Whether you're looking to meet new people, reconnect with old friends, or simply enjoy some lighthearted fun, this program is the perfect way to brighten your day and embrace the season together.

Wednesday, February 24, 2:00pm – 3:30pm
Branch LaHave Community Hall, Branch LaHave
It's Free! Donations for PRO Kids welcomed



Adult Programs

Pre-registration is required for all programs. All programs subject to change.

New! From the Pantry

Enthusiastic home cook Diane Robitaille will be guiding participants through preparing three or four delicious and simple dishes from foods most people have in their pantries. We'll then enjoy the fruits of our labour. Some gluten-free and dairy-free options will be available. Ages 12+. Those under 16 must be accompanied by an adult.

Sunday, March 7, 2:00pm – 4:00pm
Pleasantville & District Fire Hall, Pleasantville
$20

Adult Guided Painting

Welcome spring with a splash of colour! Join instructor Janine Smith for a fun and relaxing guided painting workshop where you'll create your own spring-inspired masterpiece. No experience is necessary—just bring your creativity and enjoy an afternoon of painting, fun, and a little artistic inspiration. All supplies will be provided! Ages 19+.

Sunday, March 14, 1:00pm – 4:30pm
Broad Cove Hall, Broad Cove
$20

Needle Felting for Beginners



Step into the whimsical world of fiber arts! Join instructor Amber Thompson to learn how to transform wool into charming creations using simple, hands-on techniques. Perfect for beginners, this workshop will guide you through the process, and you'll leave with a handmade creation to cherish – mushrooms in a teacup! This workshop provides a welcoming and supportive atmosphere where participants can feel free to express themselves creatively. Relax, get creative, and bring your ideas to life with needle felting! Ages 10+. Those under 16 must be accompanied by an adult. Each participant needs to bring their own tea cup or coffee mug.

Thursday, March 18, 6:00pm – 8:00pm
Weather Date: Thursday, March 25
Oakhill & District Fire Hall, Whynotts Settlement
$20

PROKIDS
Positive Recreation Opportunities for Kids



PRO Kids is a program that provides financial assistance to children and youth ages 18 and under, who reside in the District of Lunenburg, and who, due to lack of funds, are not able to participate in sport, recreation, and cultural activities.

Eligibility Guidelines:

- 18 years or under
- Resident of the District of Lunenburg
- Require Financial Assistance

PROFUND
Positive Recreation Opportunities for Adults



PRO Fund is a program that provides financial assistance to adults ages 19 and over, who reside in the District of Lunenburg, and who, due to lack of funds, are not able to participate in sport, recreation, and cultural activities.

Eligibility Guidelines:

- 19 years and older
- Resident of the District of Lunenburg
- Require Financial Assistance

Apply Online: www.modl.ca/prokids or www.modl.ca/profund

Nova Scotia Lobster Crawl 2027

An initiative of South Shore Tourism Cooperative, Nova Scotia's Lobster Crawl is celebrating their 10th Anniversary in 2027!

February just happens to be the peak of the lobster season along the entire South Shore, so from Barrington (the Lobster Capital of Canada) to Peggy's Cove and every port in between – you can expect all kinds of celebrations in salute to that ever so yummy crustacean.

We are excited to partner with Nova Scotia Lobster Crawl to bring lobster-themed events to the Municipality this February!

Seas the Day—Lobster Creation Contest

Shell-o there folks! There is a shortage of lobsters within the Municipality and we need your help to replenish the lobster population. Lobsters can come in many shapes and sizes, so use your creativity when creating your lobster! Submit photos to **recreation@modl.ca** to be entered in a random prize draw! You can have multiple submissions, to increase your odds at a prize! We will be sharing submissions on our Facebook page **@MODLRec** throughout the month of February.
February 1 – February 28

The Great Lobster Hunt

Lobster here, lobster there, lobster everywhere! The park is crawling with lobsters, and we need your help to "catch" the critters to unscramble their secret message. Each lobster will have a letter attached. Once you have spotted all the letters, unscramble the message, and send it to us at **recreation@modl.ca** to be entered in a random prize draw!
Please do not remove any lobsters from the park.
February 1 – February 28
Miller Point Peace Park, Dayspring









Quill a Lobster

Unleash your creativity in this engaging quilling workshop, where you'll learn to roll, shape, and arrange paper strips into a stunning lobster! Perfect for beginners and craft lovers alike, instructor Amber Thompson will guide you through the techniques needed to create intricate patterns and beautiful artwork. Ages 10+. Children under 12 must be accompanied by an adult.
Thursday, February 11, 6:00pm – 8:00pm
Weather Date: Thursday, February 18
Italy Cross/Middlewood & District Fire Hall, Italy Cross
$20

For more information, please call **(902) 541-1343** or email **recreation@modl.ca**.

Long Weekend Lobster Extravaganza

A 3-day weekend is the perfect time to get outside with your friends and family to skate, slide, snowshoe, and explore the many parks and open spaces the Municipality of the District of Lunenburg has to offer, while acting a little "shellfish". To help you, we've created a jam-packed line-up of events to sink your claws into.

Take the Roof Off Winter

Come out and enjoy skating, cross-country skiing, snowshoeing, hiking, playing in the snow, or sliding – like a LOB-STAR! Then, warm-up around an afternoon bonfire with roasted marshmallows, and a boiling pot of. . . hot chocolate! Skis, snowshoes, and sleds are available to use free of charge during the program on a first-come, first-served basis! Weather permitting.

Saturday, February 13, 11:00am – 3:00pm
MARC, Dayspring
It's Free! Donations for PRO Kids welcomed



Snowshoe Social

Step into the season with a leisurely snowshoe stroll through scenic winter trails! Enjoy great company, fresh air, and gentle exercise at a relaxed pace, perfect for all experience levels. Warm up afterward with hot cocoa and snacks for a perfect outdoor outing for all ages and abilities. Let's add a little flavour to this walk by dressing in red and channeling our inner lobsters! Approximately 3km.

Sunday, February 14, 2:00pm – 3:30pm
Bay to Bay Trail, Mahone Bay
It's Free! Donations for PRO Kids welcomed

MODL Lobster Games

"Oh Crab! It's Monday..." is what you would usually say on a Monday, but not today! Did you know, lobsters can swim from New Brunswick to Nova Scotia in just over a month? Some choose to swim for hundreds of kilometers more! Be active like a lobster and join us at River Ridge Common on Heritage Day for an afternoon of games and movement. Weather permitting.

Monday, February 15, 1:00pm – 3:00pm
River Ridge Common, Pinehurst
It's Free! Donations for PRO Kids welcomed



Visit **www.lobstercrawl.ca** for a complete list of events and activities.



Parks & Trails

Winter Maintenance Schedule is in Effect

Winter Maintenance

Regular maintenance is not provided, however our crew will focus on essential safety checks. Be prepared for varied surface conditions as trails are not cleared from snow.

Park Gates

Park gates are closed at Indian Falls, Mushamush Beach Park, Miller Point & MARC Ballfields. They will reopen in the spring.

Porta Potties

Porta Potties remain available at Miller Point, MARC and River Ridge with reduced services.

Please continue to follow all park rules and report any unsafe conditions or concerns to **parks@modl.ca**

Municipality of the District of Lunenburg

Park Updates

MARC

Construction is underway on a new building, a gazebo by the pond, and an accessible playground. The MARC will remain open throughout construction.

Sawpit Wharf

Work is currently focused on the wharf structure. Phase 2, including land improvements, park enhancements, and driveway upgrades, will follow.

Wiles Lake

Community engagement sessions have concluded, the project has moved into the concept and design phase.

Mushamush Beach

Installation of accessible vault washrooms and change rooms is underway. Road improvements to follow.



Hike Challenge

Hike the District of Lunenburg this Winter to earn your badge!

HIKE NOVA SCOTIA
DISTRICT OF LUNENBURG

- Narrow Basin at Martins River: 4km
- River Ridge Common: 3km
- LaHave River Trail to Cookville Provinicial Park: 5km
- Rhodenizer Brook Falls: 4km
- Gaff Point: 8km
- Indian Path Commons: 7km



Win Seasonal Prize Draws!

Information www.modl.ca/hike-badge.html www.hikenovascotia.ca/projects-hiker-challenge

Winter Equipment Loan Program



Snowshoes



Cross Country Skis



Hippocampe



Adapted Equipment



To borrow equipment, please contact us!
(902) 541-1343 | recreation@modl.ca | www.modl.ca/equipment-loan

Free Safety Items!

Supporting safer **walking & cycling** in our communities.



Walk Friendly Community

Slow Down

Available Items:

- Walk Friendly Lawn Signs
- Bike Bells
- Safety Vests
- Walking Flashlights
- Ice Cleats
- Wearable Lights

Request items at: **recreation@modl.ca**

District of Lunenburg Tourism

Visit the Explore MODL Events Calendar

Find Out What is Happening Near You!

From concerts to community BBQs, there's always something happening in the District of Lunenburg and now it's easier than ever to find local events in one place.

www.exploremodl.ca/events

Hosting an event?

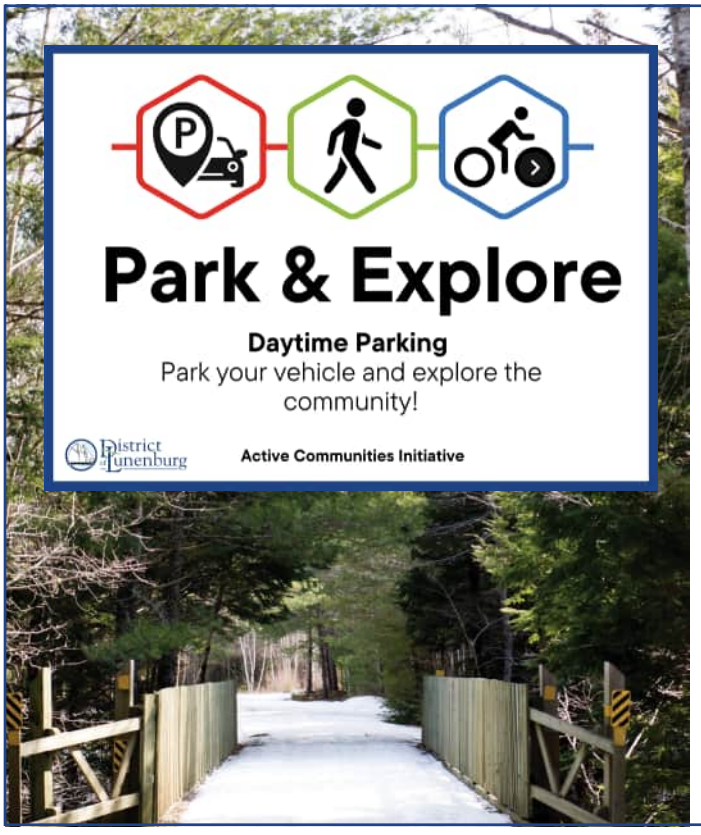
Share it on the calendar and help spread the word!

- ✅ Free to post
- ✅ Reaches locals & visitors
- ✅ Simple online form



Add your event at:
exploremodl.ca/events/community/add

facebook.com/districtoflunenburg



Park & Explore

As part of MODL's Active Communities Initiative, Park & Explore encourages active transportation by providing convenient daytime parking where visitors can leave their vehicle and explore nearby trails, parks, businesses, attractions, and destinations on foot or by bike.

Participating locations receive:

- A free Park & Explore sign
- Promotion on the Explore MODL map
- Increased visibility as a welcoming destination for active transportation

Open to community halls, organizations and businesses throughout MODL.

Join the Park & Explore Initiative today!
Contact: Kelly.Cunningham@modl.ca or (902) 530-3264.

Summer Employment Deadlines



We are looking for strong, creative leaders with energy, motivation, and communication skills to deliver our summer recreation programs in a fun, safe, and inclusive environment. Our summer programming spans across the District of Lunenburg encompassing all ages and abilities. Reliable transportation is required to travel to different locations daily. We welcome applications from all who feel their knowledge and skill set align with the goals of our department.

March 12, 2027
Manager Positions
April-August
15 to 17 weeks

April 2, 2027
Program Leaders
May-August
12 to 15 weeks

May 7, 2027
Program Leaders,
July-August
8 to 9 weeks

Email or drop-off your resume to:
Moira Frier, Program Coordinator
Moira.Frier@modl.ca
10 Allée Champlain Drive, Cookville, NS B4V 9E4

Job descriptions are available on the Municipal website: **www.modl.ca**

Municipality of the District of Lunenburg

FIND YOUR PLACE ON THE PITCH

with South Shore United Football Club!

Soccer programming for U3 through Senior.
Learn new skills, make friends, and enjoy the game!
2026/2027 Indoor Programs:
Visit our website for current programs and registration information.

Get Ready for Summer 2027!
Registration opens in February 2027, with schedules and program information available on our website by February.
Explore our programs at www.ssufc.ca or email technical@ssufc.ca with questions.









Calling All Local Community Groups & Non-Profit Organizations:

Are you a local organization that needs help, or do you have a big idea that you may need some financial assistance with?

The Municipality offers a wide range of grant opportunities to support local organizations to assist with operating costs, to improve their facilities, expand their programming, hold an event, or support them through sponsorship.

- Annual Operating – grant maximum $5,000*
- Comfort Centre Generator Funding – grant maximum $8,000*
- Community Event – grant maximum $2,000
- Community Recreation Capital – grant maximum $2,000
- Community Recreation Program – grant maximum $1,000
- Major Events – grant maximum $20,000
- Major Recreation Capital – grant maximum $15,000*
- Sponsorship Ad – grant maximum $500



We also provide opportunities for individuals and teams too!

The Municipality offers grants for training of volunteers to further the benefits of their volunteerism, with financial support to local athletes competing in national or international events and to youth travelling to provincial, national, or international competitions in sports or cultural events.

- Elite Athlete – grant maximum $1,000 (National) / $2,000 (International)
- Leadership Training – grant maximum $600
- Youth Travel (for individuals or teams) – grant maximum between $75 - $1,000

***Grant applications are accepted year-round, except those marked when an annual deadline date applies.**
Annual Operating and Major Recreation Capital Grants: Deadline for applications is March 1, 2027

For more information or application forms, please see our website: **www.modl.ca/grants**, email us at **recreation@modl.ca**, or call Eric Arajs at **(902) 541-1321**, he'd love to hear from you!

Local Hands. Lasting Impact.

More than 60 volunteers, board members, and community leaders came together for the 2026 Volunteer Summit held on November 7th at NSCC Bridgewater, proving once again that strong communities are built by people willing to share their time, skills, and passion. The event welcomed participants from dozens of organizations across the South Shore and beyond, representing more than 100 community groups collectively benefiting from the knowledge and connections made throughout the day.

The Summit's theme, "**Local Hands. Lasting Impact.**", was reflected in every session, conversation, and new connection formed. Attendees explored practical topics such as fundraising, grant writing, board governance, online engagement, and volunteer recruitment, while also sharing ideas and experiences with peers facing similar challenges.

The 2026 Volunteer Summit was a celebration of the people who strengthen our communities every day. By learning together, sharing experiences, and supporting one another, participants demonstrated how local hands truly create lasting impact.





South Shore Public Libraries

southshorepubliclibraries.ca

Read, Discover, Learn, Share, and Play at Your Library!

South Shore Public Libraries Locations and Hours

Bookmobile
135 North Park Street
902-527- 7656
Weekly and Bi- Weekly Stops Tuesday-Friday

Bridgewater
Margaret Hennigar Library
135 North Park Street
902-543-9222
Monday 10-5, Tuesday 10-8, Wednesday 10-8
Thursday 10-8, Friday 10-5
Saturday 10-5, Sunday 12-5

Chester
Zoé Vallé Library
63 Regent Street
902-273-2133
Monday 10-4, Tuesday 10-4, Wednesday 10-4
Thursday 10-7, Friday 10-4, Saturday 10-2

Cookville
Community Hub Library
60 Nathan Cirillo Road
902-543-2548
Monday 10-5, Tuesday 10-8, Wednesday 10-8
Thursday 10-8, Friday 10-5,
Saturday 10-5, Sunday 12-5
Opening Winter 2027

Greenfield
Alean Freeman Library
5060 Highway 210
902-685-5400
Wednesday 3-6
Saturday 10-2

Liverpool
Thomas H. Raddall Library
54 Harley Umphrey Drive
902-354-5270
Tuesday 10-5, Wednesday 10-5
Thursday 10-8, Friday 10-5
Saturday 10-5, Sunday 12-4

Lunenburg
Lunenburg Library
97 Kaulback Street
902-634-8008
Monday 10-5, Tuesday 10-5, Wednesday 10-5
Thursday 10-8, Friday 10-5
Saturday 10-5, Sunday 12-4

South Shore Public Libraries

A New Space To Discover, Learn & Share

Our newest location is coming soon!
South Shore Public Libraries is excited to welcome you to the new **Community Hub in Cookville** in early 2027.





Explore the Possibilities

- **Shared Public Spaces** for studying, working & socializing.
- **Event Space** for large gatherings, with integrated AV.
- **Commercial Kitchen** fully equipped for classes & demonstrations.
- **Boardroom** with kitchenette, for live & virtual meetings.
- **Makerspace** with state of the art tools for your creative projects.
- **Discovery and Gaming Rooms** with consoles, instruments & interactive tools to learn and play with people of all ages.

We'd love to hear from you!

Spaces will be available to book for private events and meetings at affordable rates.
Have an idea for a free community program?
Contact our Branch Coordinator at **cookville@ssplibraries.ca**

+902-543-2548 info@ssplibraries.ca 135 North Park Street, Bridgewater, B4V 9B3

HB STUDIOS Winter 2027

Sports Centre

Supporting our Community's Health and Wellbeing!

HB Studios
Sports Centre
A Safe Health and Wellness Centre with fun, leisure activities for everyone!



HB STUDIOS SPORTS CENTRE

Accessible Walking & Running Track

Strollers, wheelchair and canes welcome

Drop in Fee $2

Punch Card *(11 walks/ no expiry)* $20

30-day Pass $25

Full track closures for groups available

Free Walking Track programs:

- Monthly Walking Challenges
- Get motivated to get fit by Joining our Free Eastlink Wisdom Keepers KM Club. Keep track of your KMs & Win prizes

Indoor Turf Field Rentals

Prime Time *(6am-8am & 4pm-close Monday to Friday/all weekend)*

Full Field $145/HR

1/2 Field $100/HR

Non-Prime Time *(8am-4pm Monday to Friday)*

Full Field $100/HR

1/2 Field $75/HR

Drop-in Fee *(Golf, Shuffleboard, RC Flyers etc.)* .....$10/HR OR 6 USAGE PUNCH CARD $50

School rates are Available for open field (other rates may apply for equipment set up/clean up) 8am-4pm Monday to Friday!

Multi-Purpose Room

Great for meetings, teambuilding, yoga, birthday parties and so much more! ..... $30/HR OR $160/DAY

Projector & Wi-Fi available!

Fitness Area

Rubber Mat Area for fitness classes $30/HR

The Quinn Sensory Centre

2 rooms for everyone to have their sensory needs met!

Great for those with general stress, anxiety, depression, autism, PTSD, ADHD, Brain injuries, Dementia and so much more. Complimentary passes for those facing financial barriers. Call 902 543 5348 or email events@hbssc.ca to book!

The Perfect Place For Any Event Or Activity!

Birthday parties, corporate and teambuilding events, workshops and so much more!

Birthday parties - We have many options; play equipment, bouncy castles, laser tag and more!
To book email events@hbssc.ca or call 902 543 5348!



Programs And Events Movies, Family Fun events and so much more….

- **Free Community Builders Program for Mature Adults** Play games, chat & have refreshments.
  In partnership with MODL
  Tuesdays, 10am - 12pm
- **Senior Holiday Tea (Registration required)**
  In partnership with the Town of Bridgewater.
  Music with Hank Middleton, refreshments & Games
  $5 per person
  December 15, 2026: 1pm - 3pm
- **Free Imagination Playground**
  (for adult caregivers & their under 5 children.)
  In partnership with the United Way Maritimes & the NS Government's CCTH department
  Mondays & Wednesdays: 9:30am-11:30 am
- **Free Community Connects Family Fun Field Events**
  In partnership with the NS Government's CCTH Department. A non-perishable food donation to the Bridgewater & Area Lions Club food pantry would be appreciated
  Dates: December 12, 2026: 12:30pm-2:30pm
  January 9, 2027: 12:30pm-2:30pm
  February 6, 2027: 12:30pm-2:30pm
  March 27, 2027: 4:30pm-6:30pm
- **Free Queer Community Connects Family Fun Field Events**
  In partnership with the NS Government's CCTH Department. A non-perishable food donation to the Bridgewater & Area Lions Club food pantry would be appreciated
  Dates: December 27, 2026: 10am-11am
  January 23, 2027: 12:30pm-2:30pm
  February 27, 2027: 12:30pm-2:30pm
  March, 2027: 4:30pm-6:30pm
- **Free Family Gingerbread House Decorating Party**
  In partnership with Tina Williamson
  December 12: 12:30pm -1:30pm
  Registration required; limit to 25 registrations.
  Call 902 543 5348
- **FREE Movie Events:**
  In partnership with the South Shore Multicultural Association
  - **The Polar Express** | December 5, 2026: 3pm
  - **Toy Story 5** | January 3, 2027: 1pm
  - **Super Mario Movie** | February 20, 2027: 12:30pm
  - **Peter Rabbit** | March 20, 2027: 1pm
- **Free Family Fun Holiday Party on Field event**
  In partnership with South Shore Multicultural Association
  December 12: 12:30pm-2:30pm
- **SSUFC Annual Soccer Symposium tournament**
  Come watch some great soccer
  February 12th -14th
- **Free March Break Family Fun Events**
  In partnership with the Bridgewater & Area Lions Club
  - March Madness March Break Kick off Family Fun Event
    March 8: 12:30pm-2:30pm
  - Free March Break wrap up Family Fun Event
    March 13: 2:30pm-4:30pm
- **Free Spring Coloring Contest**
  In partnership with the Bridgewater & Area Lions Club. Pick up your Coloring page after February 17th. Deadline is March 24th prizes in 4 age categories. Under 4 years old/ 5-8 years old/ 9–13-year-olds/ 14- to 18-year-olds
- **Turf Replacement Campaign fundraisers**
  1. Ticket Draw Starting December 2nd – March 22nd.
     Buy a ticket for your chance to win some wonderful prizes including a handmade quilt



CONNECT 2 REC

- Events
- Schedules
- Information
- Registration

for all your favourite LCLC, MODL, and TOB programs.

connect2rec.com

For more information visit the Website, App or the Guest Service Desk at the LCLC